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**EPIC TALE OF HIGHS, LOWS AND REDEMPTION**

CANADIAN FIRM STRIKES A \$4.7-BILLION US DEAL TO TAKE OVER THE EMBATTLED BLACKBERRY **PAGE 12**

## Keeping an eye on Kenya

Amid reports a Canadian was among the attackers, Prime Minister Stephen Harper denies that homegrown terrorism is a 'mass phenomenon' **PAGE 8**

# Mayor offers incumbents purple seal of approval

## Nenshdorsements.

Candidates see value in association with popular mayor and his team of 1,000 volunteers



**ROBSON FLETCHER**  
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Naheed Nenshi has offered to lend his words and image to help incumbent candidates for city council on the campaign trail, but he insists he's not creating a "slate."

If anything, Nenshi said the move is aimed at thwarting the incursion of a voting bloc onto council, which he likes just fine with its current makeup of diverse, individual viewpoints and "no coalitions."

"We've got a council that works together well," he said. "The thing that I'm concerned about ... is a slate of people who will decide how to vote before the vote is happening. That's what we had before 2010. We had 8-7 votes all the time and it was always the same eight to the same seven."

His comments came after several incumbent candidates revealed Nenshi had offered quotes or photos to those who wanted them for their campaign literature.



Incumbent mayoral candidate Naheed Nenshi speaks to reporters after filing his nomination papers Monday. ROBSON FLETCHER/METRO

Nenshi said it was simply a matter of being fair, as numerous incumbents had asked for his endorsement, so he decided to offer an "honest quote" to all.

Most of the 12 incumbents told Metro they would likely include a Nenshi quote in their campaigns, some with more enthusiasm than others.

"If he has nice things to say about the contributions I've made over the last three years, it'd be insane to turn that down," Ward 9 incumbent Gian-Carlo Carra said.

Ward 10 incumbent Andre Chabot, meanwhile, flatly rejected Nenshi's endorsement offer.

"I don't want to influence voters based on what

other members of council feel," Chabot said. "It's not the way I play my game."

Kevin Taylor, who is challenging incumbent Druh Farrell in Ward 7, also took issue with Nenshi's move, which he described as unusual and inappropriate.

"Do you ever recall (former mayor) Dave Bronconnier helping the incum-

bents out, or the mayors before him?" Taylor said. "I don't think he should be involved in that. Just let the voters decide."

On the web

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Education



**"I'm just as passionate about Catholic education today as I was back in 1989 when I was first elected."**

Calgary Catholic Separate School Board Trustee Linda Wellman, after winning by acclamation Monday

Support



**"The mayor is very popular, that's true ... but it's not universal. So at some level, yes, it is very, very helpful but at other levels sometimes it's a challenge."**

Incumbent alderman Gael MacLeod on Naheed Nenshi's endorsement offer

Endorsements



**"My hope is the mayor would focus on his campaign, and let the ward councillors focus on theirs."**

Ward 1 candidate Chris Harper, on Naheed Nenshi's endorsement of incumbents

Engagement



**"The city does do a good job in trying to engage the public by ... public forums, but often the feeling ... is that they've already made up their mind."**

Ward 7 candidate Joylin Nodwell on meaningful public engagement

# Some surprises on nomination day



James Istvanffy is taking another run in Ward 6. ROBSON FLETCHER/METRO

Most candidates who filed nomination papers Monday signalled well in advance their intentions to run, but there still were some surprises in the field.

James Istvanffy caught many off-guard by putting his name on the Ward 6 ballot again for the first time since the 2001 municipal election, when he came a close second in an eight-way race.

"Politics got into my blood a long, long time ago and

it never quite left," he said Monday after making his candidacy official. "But you have to be a bit crazy to get into politics."

Istvanffy, known to many locally for the post-secondary courses he teaches on The Beatles, said better cycling infrastructure, safer streets, and lower taxes are key issues he plans to focus on.

"I'm a conservative's Conservative in many ways," he said. "Although I like to

think of myself as a moderate, open-minded kind of guy who likes The Beatles."

Ward 5, which for a time looked like it might see no challengers to incumbent Ray Jones, also saw two last-minute candidates register.

They are Pritpal Dhaliwal, who said he stands for better protection of taxi drivers' "basic rights," and Bev Hearn, who has advocated for saving the ward's McCall Lake golf course. ROBSON FLETCHER/METRO

# Lord positions himself as serious Nenshi rival

**Overspending.** Lord says current council has broken the city's bank with projects like the Airport Tunnel



ROBSON FLETCHER  
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Mayoral candidate Jon Lord says he's "in it to win it" and plans to take a spirited run at unseating the popular incumbent, Naheed Nenshi.

"I will be doing as much campaigning as I possibly can do, and I will be leading by example of doing more with less," Lord told reporters Monday after filing his official nomination papers.

The former alderman and MLA said his fundraising has gone better than earlier anticipated but he will still be running a frugal campaign, as he did in 2010, when he placed fifth among mayor-

Past election

## 1,461

The number of votes Jon Lord earned as a mayoral candidate in 2010. That amounted to 0.4 per cent of the vote.

al candidates that had not dropped out.

"My track record in politics has always been to try and save money through better ideas, through innovation, and through better implementation," Lord said.

"I felt a strong civic duty to step forward if no one else would with the necessary experience and credentials to do a good job," he added.

Seven other candidates, considered by many observers to be long-shots at best, filed candidacy papers Monday.

They are Larry Heather, Sandra Hunter, Bruce Jackman, Milan Papez, Norm Perreault, Jonathan Joseph Sunstrum, and Carter Thomson.



Jon Lord speaks to reporters outside the city council chambers on Monday morning. ROBSON FLETCHER/METRO

1 NEWS

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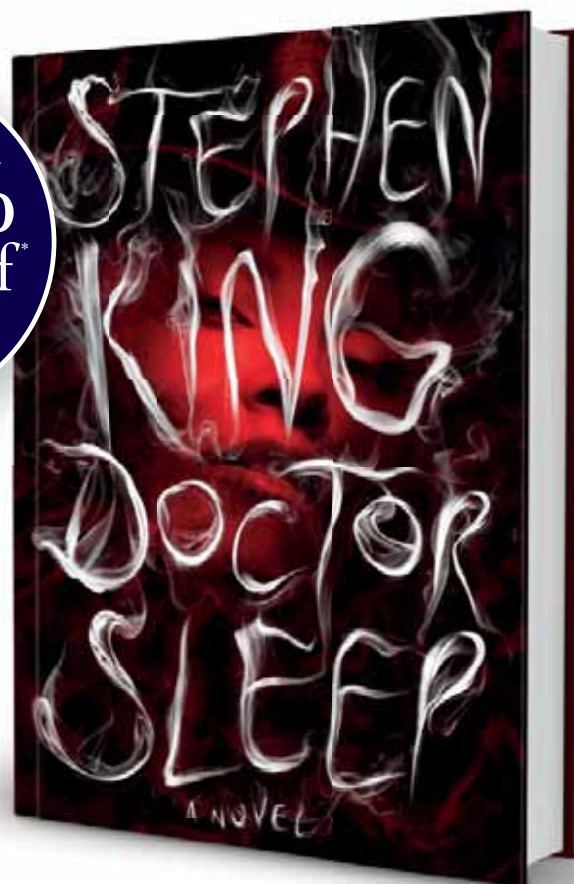
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# Calgary creators flock to Kickstarter

**Innovation.** Player-built video games, skis and something called a 'shoodie' among first local projects on site



**JEREMY NOLAS**  
jeremy.nolas@metronews.ca

Calgary creators from various backgrounds are turn-

ing to Kickstarter Canada to fund everything from skis that won't fail to something called a "shoodie."

The online funding platform, already popular in the U.S., launched north of the border last month and so far has drawn a handful of local projects, including a video game that creators with Calgary-based Neojac Entertainment claim is the first being built entirely by players themselves.

Known as Neo's Land, the game sees users construct their own homes and dungeons and then protect them. Players can elect town mayors, are required to pay taxes and much more, according to Neojac President Jacques Roussouw.

"We call it crowd game-design, where the community is basically building the game," Roussouw said.

From polygons to fresh-powdered mountains, cre-

ators with Templar Skis, another Calgary Kickstarter project, believe their background in developing medical devices has allowed them to create a pair of skis far less likely to fail on the hill.

Finally, The Original Canadian Beaver Clothing Company is hoping for \$50,000 to help fund their concept of a "shoodie," which designer Jason Holt defined as "Everything a hoodie should be."



A screenshot from the game Neo's Land, currently being developed with the help of Kickstarter by Calgary-based Neojac Entertainment. CONTRIBUTED

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## Property damage from flood 'staggering': Report

The Insurance Bureau of Canada says the June flood in southern Alberta is the costliest natural disaster in Canadian history.

The bureau says the latest estimate of the insured property damage now exceeds \$1.7 billion.

Bill Adams, vice-president of IBC's western and Pacific regions, says in a release

that the number is staggering and is expected to rise.

Four people died and 100,000 others were forced from their homes by days of torrential rain, prompting states of emergency in Calgary and several other communities.

Property Claim Services Canada, which tracks losses arising from catastrophic

events in the country, says well over 25,000 claims have currently been filed in the flood's aftermath.

Federal Public Safety Minister Steven Blaney said last Tuesday that Alberta may soon get an initial interim payment of \$500 million from Ottawa to help cover flood costs.

THE CANADIAN PRESS

SeekingMillionaire.com

**More than 1,200 millionaire bachelors in Calgary: Website**

Hundreds of Calgary's rich and famous are looking for love, according to Seeking Millionaire.com.

The website conducted a survey and found 1,210 Calgarians with a net worth of more than \$1 million were on the hunt for a soulmate.

METRO

## Road safety. Traffic fatalities, injuries drop

Alberta Transportation is reporting a 10 per cent drop in fatal vehicle collisions in 2012 and a two per cent reduction in overall injuries on the road.

The decline in dangerous incidents comes despite an increase of more than 127,000 vehicles on provincial roadways and an additional 62,400 drivers.

The province said overall fatalities have declined

25 per cent since the introduction of Alberta's Traffic Safety Plan in 2007.

"These statistics illustrate the importance of our traffic safety efforts and the need to continue this work with our partners, but we need the help of Alberta drivers to help everyone get home safe," said Transportation Minister Ric McIver in a statement.

METRO



# Classmates rally for U of C student forced to leave school

## The Tajiri Project.

Archeology pupil hopes to return to studies after flooding drove her to work 3 jobs to support family

Some paperwork and a few photos were all the Tajiri family managed to pull from their High River home before the water rushed in.

Its bottom level sat underwater for three weeks after June's historic flooding, like so many others in the hard-hit Sunrise-Hampsons area.

"They basically lost everything," said Petroula Christakis, friend and classmate of Kaiden Tajiri.

With uncertainty looming over when disaster-recovery funding would come their way, Tajiri pulled out of her studies in archeology at the University of Calgary and took on three jobs to help make ends meet for herself, her mother and her younger brother.

The 27-year-old even signed

### Feeling generous?

To donate to The Tajiri Project, head to [indiegogo.com/projects/the-tajiri-project-2013](http://indiegogo.com/projects/the-tajiri-project-2013) or search for it on Facebook.



University of Calgary student Petroula Christakis is heading up efforts to raise money for a friend and her family after their home was devastated by floodwaters.  
GLENN KELLY/FOR METRO

on with a remediation company so she could get back into her own home to survey the damage and see if anything was salvageable. She's designed furniture as well and worked as an industrial carpenter.

"It's been really hard, (for) my mom especially," Tajiri said Monday. "I had to choose between school and helping her."

But now classmates are joining forces to get her back

to school. Through their campaign, "The Tajiri Project," they hope to raise \$20,000 to fund her continued education and help with finding a new home and other basic necessities.

"It's not something that should be commended," said Christakis, who's heading up the effort. "It's something I hope others would do."

The campaign is a week old and just \$120 has been raised

to date, but Christakis and her fellow volunteers remain committed, designing posters and approaching local radio stations as well as university administrators and anyone else willing to lend a hand.

Christakis said a major concern is that Tajiri will face difficulty completing her program — she still has three to four semesters of work to do — because it's being dissolved

and folded into another department in the coming years.

Tajiri said she still dreams of earning her degree and the effort steered by her friends "means the world" to her.

"It's really hard to keep yourself upbeat and keep yourself going," she said, "and when you have people backing you up, it gives that little to keep going and not get down on yourself." JEREMY NOLAIS/METRO

## Court

### Decision on Khadr transfer reserved

An Edmonton judge has reserved his decision on whether former Guantanamo Bay inmate Omar Khadr should be transferred to a provincial jail in Alberta.

The 27-year-old is serving his sentence at the federal maximum-security Edmonton Institution.

The judge hearing the case says his ruling will come down to whether he believes Khadr is serving time as a youth or an adult.

Justice John Rooke said Monday that the U.S. military did not specify whether Khadr was a youth or adult offender when it handed down an eight-year sentence for killing an American special-forces soldier in Afghanistan when Khadr was 15.

Khadr pleaded guilty to five war-crime offences, including murder, in 2010.

He is now an inmate at the maximum-security Edmonton Institution.

His lawyer, Dennis Edney, is arguing he should be treated as a young offender and moved to a provincial jail. Edney told the court that an eight-year sentence for murder and other crimes only makes sense as a youth sentence.

But the government argues that Khadr was given eight years as a youth for murder and the sentences on the four remaining offences were to be served concurrently as an adult.

THE CANADIAN PRESS

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# Canada keeping a close eye on Kenya after 'cowardly' attack

**Local connection?** Amid reports a Canadian was among the attackers, PM Harper denies homegrown terrorism is a 'mass phenomenon'

Canada will continue to work with its international partners to confront terrorism, and will focus on the group responsible for the "cowardly" attack on a shopping mall in Kenya, Prime Minister Stephen Harper said Monday.

Two Canadians are among the 62 confirmed fatalities in the Nairobi raid and hostage-taking by the Somalia-based, al-Qaida-linked group al-Shabab. More than 175 people were injured in the assault that began Saturday and remained unresolved Monday afternoon.

An early, unconfirmed re-

port claimed a Canadian was among the "mujahedeen" who staged the attack.

The prime minister, at a press conference with his visiting Italian counterpart Enrico Letta, refused to comment directly on the report, and dismissed the suggestion that Canada may be vulnerable to homegrown terrorism.

"I'm not worried about such a thing as a mass phenomenon," Harper said, "but obviously there are always cases that we follow very closely and work with our international partners on. We have had, as you know, a series of legislation on anti-terrorism to give our police and security forces various tools to deal with the phenomenon."

Officials have confirmed that diplomat Annemarie Desloges was one of two Canadians killed when gunmen opened fire with AK-47s and threw grenades at Nairobi's upscale Westgate mall, a venue



Security personnel keep watch as Prime Minister Enrico Letta of Italy arrives at Parliament Hill in Ottawa Monday, while in the background a flag flies at half-staff in honour of Canadian Foreign Service officer Annemarie Desloges, who was killed in Kenya's deadly mall attack. FRED CHARTRAND/THE CANADIAN PRESS

frequented by expatriates and wealthy locals. Media reports identified Vancouver businessman Naguib Damji as the other

Canadian victim.

Harper said Canada and its allies abroad are monitoring the situation, and he once

again extended his condolences to the families, friends and colleagues of the victims.

THE CANADIAN PRESS

**One in critical condition**

## Canadian teens among injured: Aunt

A Minnesota woman says her two nieces — both Canadian citizens — were seriously injured in the terrorist attack on a Kenyan shopping mall.

Hodan Hassan says her nieces — Fardosa Abdi, 17, and Dheman Abdi, 16 — were shopping when the siege started.

She says Fardosa is in critical condition after undergoing two surgeries for severe leg injuries, while Dheman had a bullet break her leg and an explosion injure her arm.

THE CANADIAN PRESS

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## Grades 9-10. 11 suspects charged in alleged Saskatchewan hazing

RCMP have charged 11 people in connection to an alleged hazing at a rural Saskatchewan party that left high school students injured.

Police issued a total of 34 charges in the incident near the town of Lanigan, including assault with a weapon and assault causing bodily harm on victims in grades 9 and 10.

The initiation ritual allegedly included what Mounties describe as "paddling" victims with a "modified" goalie hockey stick and pouring chocolate syrup, flour and eggs onto them.

A number of the victims — all of them boys — were

bruised, while one suffered muscle damage to his leg and buttocks.

"There are five victims known to us. We do believe there are more," RCMP spokesman Sgt. Craig Cleary said on Monday.

The incidents allegedly occurred at what RCMP called a "freshie party" on Sept. 6 in a field about four kilometres southeast of Lanigan, east of Saskatoon.

All of the teenaged suspects are also male. More charges could be laid if additional victims come forward, Cleary said.

MARCO VIGLIOTTI/METRO IN REGINA

Edson, Alta.

## Is this just fantasy? Busted Queen fan to run for mayor

An Alberta man who became a YouTube sensa-

tion for enthusiastically singing the song Bohemian Rhapsody from the back seat of a police car is going into politics.

Robert Wilkinson is running for mayor of Edson, a town west of Edmonton.

THE CANADIAN PRESS

# Former top-court judge to back values charter

**In defence of equality.** Claire L'Heureux-Dubé says face of females in Muslim world is increasingly uncovered

A former Supreme Court of Canada judge who claims she sees more veiled women in Quebec than in her travels to Muslim countries such as Pakistan and Morocco is expected to line up behind the Parti Québécois' charter of values and lend her legal credibility to the proposed ban on religious clothing in the public service.

The province's minority government argues that its initiative will bring to heel a growing wave of unreasonable faith-based exceptions from societal and workplace rules, guarantee equality of the sexes in the province and reinforce the religious neutrality of the state.

The many critics in the political, legal and academic arenas warn the proposal would violate religious freedoms already enshrined in Canadian and Quebec charter rights and inevitably be ruled unconstitutional.

But Claire L'Heureux-Dubé, who sat on the country's top court from 1987 until 2002, argued in a lengthy May 2013 radio interview that some rights are more fundamental than others and that, in Canada, the right to equality trumps religion.

"My vision is that there are fundamental rights. The right to live is fundamental. There is no accommodation ... equality is the same thing," she told Radio-Canada host Michel Lacombe.

"Freedom of expression and freedom of religion are another thing. They are civil liberties that can be reduced by what is reasonable in a free and democratic society."



Supporters march in Montreal on Sunday during a demonstration in favour of the Quebec values charter. GRAHAM HUGHES/THE CANADIAN PRESS

L'Heureux-Dubé said that in travels abroad for legal conferences, she has noticed that the face of females in the Muslim world is increasingly one that is

uncovered.

"There are more uncovered faces in Pakistan and Morocco and all those places than there are here." TORSTAR NEWS SERVICE

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## Just like the boomers, VW's hippie bus is retiring

It carried hippies through the 1960s, hauled surfers in search of killer waves during endless summers and serves as a workhorse across the developing world, but the long, strange trip of the Volkswagen van is ending. Brazil is the last place in the world still producing the iconic vehicle, or "bus" as it's known by aficionados, but VW says production will end Dec. 31. Safety regulations mandate that every vehicle in Brazil must have air bags and anti-lock braking systems starting in 2014, and the company says it cannot change production to meet the law. Although output will halt in Brazil, there should be plenty of VW vans rolling along for decades, if only because there are so many, and they are so durable. VW produced more than 10 million Volkswagen Transporter vans globally since the model was introduced 63 years ago in Germany, though not all resemble the classic hippie machine. THE ASSOCIATED PRESS FILE

# 'Bargain hunter' billionaire behind BlackBerry bid

**From CrackBerry to discount bin.** Prem Watsa is backing the \$4.7B deal that could breathe life into moribund company

Less than seven weeks after stepping down from the board at BlackBerry, billionaire investor Prem Watsa emerged Monday as the face behind a \$4.7-billion US deal to save the Canadian tech giant.

Often referred to the Warren Buffett of Canada for his investment choices, Watsa is now in the spotlight for helping broker the potential sale of the struggling smartphone maker.

"He's obviously a value investor. He's a bargain hunter but not in the classic short-term sense," said Eric Kirzner, a professor of finance at the Rotman School of Management at the University of Toronto.

"Like Buffett, he likes to acquire great companies at bargain prices and hold them for a long time and sometimes gets actively involved."

Watsa, who heads insurance firm Fairfax Financial, is leading a consortium that will acquire all the outstanding shares of the Waterloo, Ont.-based BlackBerry for \$9 US per share. Toronto-based Fairfax is already the struggling smartphone maker's largest shareholder, owning about 10 per cent of the stock.

Watsa joined the board at



Fairfax Financial Holdings offered Monday to buy BlackBerry in a deal that values the company at about \$4.7 billion US. THE ASSOCIATED PRESS FILE

**Buy low, sell high?**

**"Like Buffett, he likes to acquire great companies at bargain prices and hold them for a long time."**



Eric Kirzner, a professor at the Rotman School of Management at the University of Toronto, on Prem Watsa's investment style. Watsa is pictured at right.

BlackBerry in January 2012 following a shakeup at the executive level with the departures of BlackBerry co-CEOs Jim Balsillie and Mike Lazaridis and their replacement in the top job by current CEO Thorsten Heins.

At the time, the Fairfax chairman and chief executive said that a turnaround for the maker of smartphones that

were once so popular they were known as CrackBerrys would take upwards of three to five years.

Kirzner said the timing of this deal is questionable, considering that it's been less than two years since Heins took over.

Since then, the company has slashed staff, with some 4,500 employees — 40 per cent of the remaining workforce — being let go in the latest job cuts announced last Friday.

In the same announcement, BlackBerry said it would face a writedown of nearly \$1 billion when it reports its latest quarterly earnings this Friday.

The news sent the stock plummeting, down 16 per cent to close at \$9.08 Friday on the Toronto Stock Exchange. It was unchanged Monday.

"This is interesting but hardly definitive at this stage," said Kirzner, the John H. Watson chair in value investing at Rotman. THE CANADIAN PRESS

### Peaks and valleys

**\$149.90**  
Highest stock price, on June 19, 2008

**\$6.10**  
Lowest stock price, on Sept. 24, 2012

**\$9**  
Stock price of Fairfax offer per share on Monday

**80M**  
Highest number of subscribers



**72M**  
Current number of subscribers

**20,000**  
All-time high number of employees

**8,200**  
Number of current employees (after Sept. 20 layoff announcement)

### Market Minute

**DOLLAR**  
97.23¢ US (+0.13¢)

**TSX**  
12,811.20 (+4.73)

**OIL**  
\$103.59 US (-\$1.16)

**GOLD**  
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**Natural gas:** \$3.60 US (-0.9¢)  
**Dow Jones:** 15,401.38 (-49.71)

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LE



Corolla LE shown.

\*Fuel efficiency estimates were determined using approved Government of Canada test methods. Actual fuel consumption will vary based on driving habits and other factors.



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# TOUGH TO KEEP UP IN TECH AGE

Five hours. That's the approximate amount of time I lost this weekend thanks to Apple's iOS7 update. I spent about 45 minutes downloading the new software on my iPhone and an entire afternoon trying to figure out how to use it.

Apple's website bills the new mobile operating system as a "lively and intuitive interface" with more than 200 new features to make your mobile life easier and more enjoyable. But unless you're an Apple employee or an iPhone fan-boy, it will take you some time to familiarize yourself with the new interface. And for every additional candle on your birthday cake, the learning curve is exponentially steeper.

Like all new forms of technological progress, iOS7 offers plenty of new features that you never actually wanted but soon enough you'll wonder how you ever lived without them. I updated my phone less than 48 hours ago and yet I can't imagine going back to a time before



**SHE SAYS**

**Jessica Napier**

metronews.ca

I had the option to customize my vibration alerts and select from a variety of live photo filters before snapping a selfie.

A host of updated apps and tools have now been unleashed into the world in an effort to make our lives more streamlined. Thanks to the many built-in apps, my device has become a calculator, a camera, a level, a flashlight, a compass, a stopwatch and, yes, occasionally I might even use it as a phone.

While digital advancements might be rendering certain physical objects obsolete (provided your battery life holds out), outdated technology has a way of lingering around in a referential sort of way.

I've always thought it was funny that many smartphone icons have been designed to resemble their ancestral counterparts. Years after it became obsolete, the floppy disk continues to be memorialized as the "save" button on all

Microsoft products. Similarly, email icons appear as a hand-delivered envelope, the ubiquitous green call button mimics an old telephone handset, and the draining battery symbol resembles a classic AA.

Future generations might never even realize that these icons actually represent outdated tangible items. They will never know what it is like to live in a wired world of landlines and dial-up Internet. In their reality, swipes and taps will have replaced mouse clicks, every smartphone will have a built-in retina scanner (fingerprints are so 2013) and hipsters will show off their ironic collections of keyboards and other desktop computer relics.

For now, I'm still trying to navigate the Technicolor dream world that is iOS7.

Sure, the vibrant interface is a bit too cheerful and the 3D parallax wallpaper is giving me motion sickness, but all early adopters know that it always takes a while to acclimatize to a new land.

Follow Jessica Napier on  
Twitter @MetroSheSays



## ZOOM

# Making a beeline for the honey



H & H-J KOCH/SOLENT NEWS

## Bees link bodies to repair comb

In a remarkable shot of teamwork in the natural world, a colony of honey bees link their legs together so they can repair the gaping hole in their honeycomb. Heidi and Hans-Jürgen Koch captured the insects' extraordinary effort at an apiary in the University of Würzburg in Bavaria, southern Germany.

METRO

### Q and A

## Bee chains—a 'mystery'

HEIDI AND HANS-JÜRGEN KOCH

Photographers, both 56, from Goosfeld, Germany

### What exactly are the bees trying to do?

They are making chains with their bodies so they can repair a honeycomb. But for scientists it's still a mystery why they actually do this — it's a gaping hole within research. For about two hours they were forging a line in a vain attempt to fill the hole.

When the wind would blow, the bees would scatter. But as soon as it died down, in a flurry the bees would return to build.

### Clickbait



**HANNAH ZITNER**

hannah.zitner@metronews.ca

Love it or hate it, iOS7 is here to stay. While many are still waiting for the kinks to be worked out of Apple's latest iPhone and iPad operating system, the brave who have taken the plunge offer a glance at what to expect with the new upgrade — so you know just what you've been holding out for.



GETTY IMAGES

### Blocking:

Finally, Apple gets it. You don't want to hear from your ex-lover, former boss or a telemarketer ever again. Now, with the blocking function, you don't have to.

### Time stamps:

Find out exactly when individual messages were sent with the new time stamp feature. No more guessing.

### Photo filters:

If you've started to get a tad paranoid about putting all your selfies on Instagram, the new iOS has a built-in photo filter feature. Goodbye #Instagram.

### Wish list:

Want an app but don't want to shell out for it just yet? Add it to the new iOS7 wish list.

### Letters

**RE: Coca-Cola Apologizes For 'You Retard' Bottle Cap, published Sept. 19**

I would like to express my gratitude to all those involved in producing the article and bringing the widespread issue of social inequality to the attention of the public.

An incident that could have easily been passed by was brought to the attention of all the readers of your newspaper and will now be in the back of their minds as they go through their days, weeks, and lives.

Coca-Cola, a world renowned

supporter of all types of people in all walks of life, has made a mistake that should cause a serious problem for the company. The fact that this was done as part of a promotion that takes our two official languages and puts them together is appalling.

The link between the two languages should be a cause for celebration, appreciation, acceptance and a sign that our country is moving forward towards a place where everyone is accepted regardless of their language, race, sexual orientation, beliefs and abilities.

**Lindsay Qualtrough**  
Scarborough, Ont.

### WE WANT TO HEAR FROM YOU:

Send us your comments: [calgaryletters@metronews.ca](mailto:calgaryletters@metronews.ca)





Don Jon, Joseph Gordon-Levitt's directorial debut, couples a novel pun with a novel complication. The star plays a modern reinvention of the legendary lothario, a New Jersey gym rat with a porn addiction that may hamper his blossoming relationship with his breathtaking co-star Scarlett Johansson. Rom-coms that defy fluffy conventions are rare beasts. We line up the best of this sparsely populated sub-genre.

MIKE DOJC



### Shallow Hall

(Jack Black, Gwyneth Paltrow) — Hal is a superficial to the nth degree kind of guy. Hypnotized by Tony Robbins to see only inner beauty, he falls head over heels for a 300 pound woman. The story arc may ride the traditional rom-com waves of emotion, but it does so while simultaneously skewering the genre thanks to the Farrelly brothers' bold and brave brand of funny business.

# 5

## Out of the box rom-coms



### Safety Not Guaranteed

(Aubrey Plaza, Mark Duplass) — A cynical journalist with a couple apathetic interns investigates a kooky classified ad placed by an alleged time traveller who is seeking a sidekick for a mission into the past. This smart and imaginative film manages to imbue weighty relationship issues with an endearing warmth while weaving in serious doses of chuckles.



### Silver Linings Playbook

(Bradley Cooper, Jennifer Lawrence) — The Hangover trilogy's breakout star shed his frat house rep with an Oscar nom worthy turn as a bipolar man released into his parents' care after an eight month stint in a mental-health facility. A gritty rom-com that eschews the hollow hallmarks of the genre by uniting a pair of truly damaged characters, Playbook focuses on serious relationship building rather than relying on cute contrivances.



### Punch Drunk Love

(Adam Sandler, Emily Watson) — The Sandman is still very recognizable as an insecure, tormented sad-sack prone to bouts of rage. Only this time he's not a caricature and the overarching themes of loneliness and cathartic self-acceptance ring truer as a result. But throw in an extortionist sex phone line operator and a scheme to stockpile pudding to collect frequent flyer miles and you won't be needing a tissue box.



### Lars and the Real Girl

(Ryan Gosling, Kelli Garner) — At the behest of a shrink, in order to get to the root of a deep-seeded psychological delusion, Lars' family and friends play along with his belief that a life-sized doll is a real woman that he's in a committed relationship with. Instead of being tempted by cheap gags, the movie doubles down on tenderness as town folk play along in an effort to free him of his social anxiety.

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# Leaving her mark on a story about water

## Documentary.

Canadian filmmaker examines our complex relationship with a precious resource

STEVE  
GOW

scene@metronews.ca

Back in 2006, director Jennifer Baichwal hit on something very special when she followed acclaimed photographer Edward Burtynsky into China as he took some of the most visually striking pictures of industrial wasteland you'll ever see. The result became the acclaimed documentary *Manufactured Landscapes* and garnered the director several awards. "We always wanted to work together again," said Baichwal during the Toronto Film Festival.

"Ed was very intrigued by film and I think after *Manufactured Landscapes* he thought he wanted to be more involved from the beginning." As such, Baichwal and Burtynsky (now as co-director) kept in contact and finally found their focus with *Watermark* — a stunning examination of the human relationship to our most treasured natural resource — water.

"It was the cinematic possibilities of water in all its different incarnations (that) came immediately to the fore," explained Baichwal of the film's origins.

"We thought about this theme of water and how humans have interacted with (and) shaped water and long for water — there's this sort of primal relationship there

## Quoted

"It was the cinematic possibilities of water in all of its different incarnations (that) came immediately to the fore."

Jennifer Baichwal on the inspiration behind *Watermark*



Jennifer Baichwal travelled to 10 countries to investigate human interaction with water. CONTRIBUTED

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## Quoted

- Baichwal on combining art and environmentalism. "There are a lot of environmental films that have arguments to advance and they do that very well," said Baichwal. "But they have a very traditional format that I'm less drawn to."

— and then tried to find as many existential moments that showed that as we could."

It wouldn't prove an easy task. *Watermark* would take more than five years to develop as the directing duo travelled across 10 countries to investigate everything from a polluting tannery in Bangladesh to the construction of the massive Xiluodu dam in China — all displayed with a non-didactic observer's eye but filmed in such a way to lend the ecological madness a certain mystical beauty.

"One of the reasons that I've always kind of married art and environmental issues is (because) film is a visual medium," said Baichwal. "If you can't find a way of conveying something that has visual power, it feels to me that maybe you should write a book about it (instead)."

## DVD review

### World War Z

Director. Marc Forster

Stars. Brad Pitt, Mireille Enos, Daniella Kertesz

The undeniably magnetic Brad Pitt sprints over plot holes in this global zombie horror that would sink a lesser actor.

His combination of macho heroics and regular-guy empathy raises pulses and inspires rooting interest in a story that is otherwise filled

with howlers, and not just the undead kind.

Pitt's resourceful Gerry Lane somehow manages to find clear highways when all others are clogged with fleeing humans. He travels to zombie zones to acquire info that a telephone call or email could have supplied. He makes deductions that would leave Sherlock Holmes scratching his head. But he keeps moving — his battle-tested motto is "movement is life" — and he carries us with him.

The zombies seem to abide

by the same dictum, since they sprint, climb and leap like undead Olympic athletes, especially in one amazing scene where they breach Israel's border wall.

Director Marc Forster's adaptation of the 2006 best-seller by Max Brooks retains the global zombie pandemic angle but dispenses with the past-tense multiple voices of the source novel. The reductionism is understandable, though, because you'd need a TV miniseries to get everything in. **PETER HOWELL**



Brad Pitt's *World War Z* would fell a lesser actor. CONTRIBUTED



## Bling it back: He put a ring on it, and it may not be returning



Miley Cyrus. ALL PHOTOS GETTY IMAGES

The engagement may be off, but Miley Cyrus is apparently keeping the ring. Cyrus is said to still be hanging onto the hand-cut 19th century ring — estimated to be worth about \$100,000 — that Liam Hemsworth gave her, accord-

ing to E! News. "The ring has not been returned to the jeweler, Neil Lane," a source says. "Generally, the protocol is for the bride to keep the ring. It's up to her whether or not she wants to return it or keep it as a memento."

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

### The Word

## Biggest blunder or best-ever Emmy speech?

MELINDA TAUB

Metro World News

Merritt Wever won best supporting actress in a comedy Sunday night at the Emmys, and her acceptance speech was one for the books.

"Thank you so much," she said. "Um, I gotta go." And then she went, as though the Emmy audience were a bad blind date and she was slipping out of a coffee shop.

What would lead an actress to shrug off her moment of glory without thank-



ing everyone they'd ever met?

Sounds like the Nurse Jackie star just had a good old-fashioned freak-out. "It's hard to do those," she said backstage after the show, according to Variety. "I don't know how to feel yet ... I have therapy next week."

So reporters should probably wait outside her therapist's office if they want to finally hear her thank her publicist.

Or we could all just agree her speech was awesome?

## Michael thanks his wife despite turbulent times

While Michael Douglas was collecting an Emmy for his work in *Behind the Candelabra*, his estranged wife, Catherine Zeta-Jones, made her first public appearance since they announced their separation, walking the red carpet in Qingdao, China to celebrate the announcement of a new \$5 billion film studio to be built there, according to TMZ. Douglas was gracious enough to mention her in his accept-



Michael Douglas

ance speech, though, saying, "I want to thank my wife, Catherine, for her support" while still sporting his wedding ring.

### Twitter



@ChloeGMoretz

Hey guys gimme some suggestions on one of the darkest songs you know, really good dark song



@josswhedon

They call me "The Looove Doctor" because I can cure it.



@MARLONLWAYANS

My stomach hates me for the pizza I ate today

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# Popped a molly, now I'm sweating and now I'm dead

**Drugs.** Pop culture have people thinking molly is a safe drug but the reality couldn't be farther from the truth

**MEREDITH ENGEL**  
Metro World News

Ecstasy has long been a popular club drug, but its molecular form — dubbed “molly” — is going through a surge in popularity these days.

Miley Cyrus sings about dancing with molly in her song We Can't Stop, and a series of deaths from the drug in the past two weeks is being linked to a possible bad batch sweeping the U.S. East Coast.

Young people love it because they seem to think it's a purer (and therefore safer) form of ecstasy, says Dr. Travis Stork, an emergency physician and host of TV's The Doctors, which just premiered its sixth season. But that “could not be further from the truth,” he says.

“The young adult culture that's embracing (this) has this false sense of security that it's safe,” says Stork. “Especially when it's in a powder form. The truth is you have no idea what's really in it.”

As a stimulant, molly revs up bodily functions — everything from metabolism to heart rate to blood pressure to brain function.

Even though it's in the same drug category as caffeine, taking molly is not like just drinking a giant mug of coffee.

Molly also has a psychedelic element to it, one that can cause hallucinations and feelings of euphoria and invincibility.

The consequences of that high include a spike in heart



Taking a molly has some severe risks. ISTOCK PHOTOS

rate and blood pressure, hyperthermia (when the body overheats), hyponatremia (a major sodium imbalance in the body) and seizures, all of which can be fatal.

Stork urges parents to

speak to their children about the drug before their peers start the conversation.

“There's so much misinformation out there amongst kids, and obviously we know that kids are willing

to say or believe anything,” he says. “My advice is have an honest conversation about drugs with your kids before their friends do in a respectful, trusting way, because once that conversation's been



Miley Cyrus' recent song has helped to popularize the use of the drug.

CONTRIBUTED

had, if it's been had by someone else, it could be too late.”

There's no “right” age to start that dialogue, he adds — it's about knowing your child, being involved in his or her life and keeping your ears open.

“If you're worried about someone else having the conversation with your child, that's the time to have the conversation,” he says. “As a parent, it can be uncomfortable to bring these things up — just like the conversations about sex can be difficult to bring up — but they can also be incredibly, incredibly meaningful.”



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Best Health

## Stretch out your stress with yoga



**BEST HEALTH MINUTE**  
Bonnie Munday  
Editor-in-chief  
Best Health Magazine

How does yoga help to soothe stress? Let us count the ways. Best Health asked for insights from David Good, a yoga instructor at studios including Breathe Yoga Studio in Toronto. He is also a Lululemon Ambassador.

"I believe in opening the mind and heart to a new way of thinking about your body and potential," he says, adding yoga can help you feel less stressed in these three ways.

### It provides muscle relief

From shoulders to neck, hips and lower back, yoga releases tension due to stress in these major store houses by lengthening the muscles and creating gaps between joints and bones.



Let yoga melt away your stress. ISTOCK PHOTO

**It promotes healthy organs**  
Yoga stimulates the

parasympathetic nervous system, Good says.

"Whereas the sympathetic nervous system is your 'flight or fight' trigger, the parasympathetic nervous system helps you relax by lowering your blood pressure, strengthening your digestion and boosting your immune system."

### It gets you fit inside and out

A healthy workout is good for the body and soul. Yoga helps you to become leaner, build muscle and de-clutter your conscience.

### It leads to clarity and focus

"Yoga teaches you the art of concentration, which helps you to establish a real sense of self," Good says.

### It builds emotional strength

Meditation through yoga forces you to take a pause and to reflect, which over time enables you to better handle stress and face issues with a stronger, more positive and confident approach.

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# Country twist on comfort food



**ROSE REISMAN**  
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rosereisman.com or  
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This is a wonderful comfort stew as the weather gets cooler. Leg of lamb is a great cut of meat for this stew but feel free to substitute top sirloin beef. If you use stewing beef you will have to simmer the stew longer until the meat is tender.

1. In nonstick saucepan, heat 2 tsp of oil over medium-high heat. Dust the lamb cubes in the flour and add to the saucepan. Cook for 5 minutes or until well-browned on all sides. Remove lamb from saucepan.

2. Blanch the pearl onions in a pot of boiling water for 1 minute; refresh in cold water and drain. Peel and set aside.

3. In same saucepan, heat remaining 1 tsp oil over medium heat; add garlic, mushrooms, leeks, carrots, bell peppers, zucchini and pearl onions. Cook 10 minutes or until softened, stirring occasionally. Stir in tomato paste and wine. Return

## Lamb Vegetable Stew with Garlic Mashed Potatoes



This recipe serves six. MARK SHAPIRO, FROM ROSE REISMAN'S ENLIGHTENED HOME COOKING (ROBERT ROSE)

lamb to saucepan along with tomatoes, stock, rosemary, bay leaf and salt and pepper. Bring to a boil, cover, reduce heat to medium-low, and simmer for 25 minutes or until carrots and meat are tender.

4. Meanwhile, put potatoes in saucepan with water to cover; bring to a boil and cook 15

minutes or until tender when pierced with knife. In nonstick skillet, melt margarine over medium heat; add garlic and onions and cook 4 minutes or until softened. Drain cooked potatoes and mash with chicken stock and sour cream. Stir in onion mix and salt and pepper. Place potato mix on large serving platter and pour stew over

## Ingredients

- 3 tsp vegetable oil
- 12 oz leg of lamb, visible fat removed, cut into 1-inch cubes
- 3 tbsp flour
- 1 cup pearl onions
- 2 tsp minced garlic
- 1 1/2 cups sliced mushrooms
- 1 1/2 cups chopped leeks
- 1 cup sliced carrots
- 1 cup chopped bell peppers
- 3/4 cup sliced zucchini
- 1/4 cup tomato paste
- 1/3 cup red or white wine
- 2 cups chopped tomatoes
- 2 cups beef or chicken stock
- 2 tsp dried rosemary
- 1 bay leaf
- Salt and pepper to taste
- Mashed Potatoes**
- 1 1/2 lb potatoes, peeled and quartered
- 1 tbsp margarine or butter
- 1 tbsp minced garlic
- 1 cup chopped onion
- 1/2 cup chicken stock
- 1/3 cup light sour cream
- Dash of salt
- 1/4 tsp ground black pepper

top. ROSE REISMAN'S ENLIGHTENED HOME COOKING (ROBERT ROSE) BY ROSE REISMAN

## Health Solutions

### Honey, honey



**NUTRI-BITES**  
Theresa Albert  
DHN, RNCP  
myfriendinfood.com

You know honey is good for you but you don't know why or what to look for, right?

Hugh Simpson is an artisanal beekeeper in Collingwood, Ont. (ospreybluffs-honey.ca) and he busts some honey myths.

#### Myth: When honey crystallizes it spoils

• Honey never spoils. Crystals are caused by sugars combining and forming together. It is actually good because it tells you your honey has never been heated. Just immerse the jar in boiled water and let sit to reverse the "problem."

#### Myth: Pasteurizing makes honey healthier

• It does the opposite in that it adds heat,

which kills the enzymes that provide a health benefit. The true honey lover wants the crystals, which indicate a less processed product.

#### Myth: Squeeze bottles are best

• While it may feel easier to squeeze a dollop, you really want to purchase your honey in glass jars. If only so you can uncrystallize easily without risking plastic leaching.

#### Myth: Honey colour means nothing

• The colour of honey is a function of nectar source. The darker the colour, the more intense the taste. Light honey comes from canola or

basswood. Orange honey's bees are fed on dandelions. Multifloral honey is mid-season and mid-colour. Late season is richer because of wild flowers like goldenrod. **THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM**



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Resist the urge to set the agenda when travelling with another couple. ISTOCK

# When four becomes one: How to travel with another couple

## The more the hairier?

Travelling as a couple can be tough but a foursome is tougher; here are some tips to make it easier

MIKE  
DOJC  
life@metronews.ca

Maybe you've mastered the art of travelling as a couple. But the same rules don't apply when travelling in a foursome. Back in the '90s, the Spice Girls wrote the rules of engagement for when 2 Become 1, but what about when four become one? The more the merrier could be amended to the more the hairier. Here's how to double up without doubling the drama.

## Itinerary integration

The key to a stress-free co-coupling vacay is to assure that nothing is compulsory. Once you make the decision to hit a destination in tandem, there's an expectation that group outings will be de rigueur. Proclamations like, "We're in Paris; we simply must spend at least one day touring the Louvre and soaking up the art" can be fighting words. Resist the urge to set the agenda. Instead, seek common ground on your sightseeing wish list and split up the rest of the way.

## Dining deliberation

Deciding where to eat at home can grease the flames of debate. Add another set of palates and a limited time frame to sample the local cuisine and suddenly there's a ravenous debate raging on the

trustworthiness of UrbanSpoon ratings versus Zagat restaurant reviews. Avoid a fork fight over who has got the most inspired sea bass in town and achieve dining détente by allowing a third party, perhaps the concierge, to reserve a table for four.

## Requisite relaxation

Much vacation time is spent lazing by the pool, sipping pina colodas and just generally doing nada. The art of sloth increases in complexity when more people are invited into the mix. Staking out one umbrella isn't too difficult, but hunting for a spot to accommodate four can be tricky — especially if you are holidaying during the busy season. Don't settle for subpar real estate. Decouple and reunite later once you've all had some sun.

# Quote him on that, it's been done 1,000 times



Greg Packer (in the hat) holds first in line for the Apple iPad in 2010. GETTY IMAGE

Former maintenance worker Greg Packer has been quoted more than 1,000 times in media reports, at everything from iPhone launches to Whitney Houston's funeral.

He has met four presidents and three popes, and became so pervasive that The Associated Press sent a memo to reporters to stop quoting him, which he considers one of his main achievements.

Following a film Packer made, we became the latest publication to feature him.

**We've got to ask: What's the appeal of being quoted so many times?**

It's a combination of the event, the news event around it, and being out

and about in different, exciting places.

## How do so many of your quotes make it into reports?

There's no guarantee and I'm shocked how often it happens. I think it's a combination of enthusiasm, truth and giving reporters a chance to present their story.

## In all the years you've been doing this, what is the best story you have been in (apart from this one)?

The iPhone queue was one of my favourites because it's such a popular event. Another was in 1996 when I was second in line to purchase World Series tickets.

## Have you ever wanted to work in media?

Yes it crossed my mind, but I never pursued it.

## Does anyone else do what you do?

I haven't come across any but it wouldn't shock me if I had imitators.

## If you could have the pick of any newspaper or TV show, would you most like to appear on?

I would love to appear on Letterman or the BBC in London. I'll just keep getting out there and maybe I'll get the call, just like you called me!

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# BUILD CONTACTS THROUGH HASKAYNE MBA

It can be a lot more about who you know, then what you know, in business.

Thankfully, through the Haskayne MBA program, you can gain the knowledge needed through classroom instruction, as well as the networks and connections in the business world, through the new MBA internship program.

"The Haskayne MBA program created the optional MBA internship program to allow students to gain work experience and grow their professional network," says Dr. Michael Wright, director MBA programs at Haskayne School of Business.

Full-time MBA students registered in the internship program have an opportunity to apply for a four-month-long paid internship during the summer between their first and second years.

"Calgary's robust and growing economy provides opportunities for valuable internship experiences and launching future careers," Wright says. "It is an environment of opportunity unparalleled in any other part of the country."

Haskayne has strong ties with the Calgary business community and, in addition to hiring Haskayne MBA students,



PRESSMASTER/COLOURBOX

the Calgary business community engages with students by also being active in their education.

"In addition to the benefit of real-world experience, the MBA internship program will add value to the in-class student

experience as well because their real-world experiences are brought back to the classroom in their second year, thereby enriching and deepening their learning experience," Wright says.

Haskayne MBA alumni include the

## PREP PROGRAM

In order to participate in the internship program students must attend the internship prep program. This program is designed to help students fine-tune interpersonal and professional skills to ensure they are market ready.

Students will complete seven sessions during the internship prep program, covering topics such as oil and gas 101, professional networking/dress for success, interview basics, and more.

heads of Enbridge, Talisman, TransCanada, the Calgary Stampede, and the Calgary Foundation, as well as past CEOs of Nexen and Mozilla.

"Our alumni are strongly represented in Calgary's business community, and pursuing an MBA at Haskayne allows students to take advantage of tremendous networking opportunities," Wright says.

For more about this new internship program available to full-time Haskayne MBA students, visit [haskayne.ucalgary.ca](http://haskayne.ucalgary.ca).

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## NARROWING DOWN CHOICES

Graduate programs in business and management are drawing a wider range of applicants, and these aspiring students are more likely to have a single program type in mind for either an MBA or non-MBA master's degree, according to GMAC's 2013 mba.com prospective students survey.

Over the past four years, the percentage of student candidates considering both types of programs has declined to 25 per cent in 2012 from 33 per cent in 2009.

The worldwide survey of prospective management students includes data from more than 31,000 individuals who registered on mba.com, the GMAC web portal for those interested in graduate management education and the GMAT exam, surveyed over the past two years.

New reports from the survey provide data on a wide range of topics including:

Program demand. As more millennials consider management education, the proportion of potential students interested in specialized master's programs in business continues to rise, to 44 per cent in 2012 from 42 per cent in 2011. Meanwhile, the proportion of aspiring students interested in full-time, two-year MBA programs is up one percentage point and the proportion



ARENACREATIVE/COLOURBOX

interested in part-time programs is down one percentage point.

Recruitment planning. Although a growing proportion of prospective students consider cost the most important factor in their decision-making, concerns about financing have declined. This is seen in declining percentages of prospects concerned about the cost being more than they can afford as well as their declining potential debt burden (each down four percentage points in the past four years).

For more information, please visit [gmac.com/prospectivestudents](http://gmac.com/prospectivestudents).





CONTRIBUTED

## OBTAIN UNIQUE DUAL DEGREE FROM VIU

Obtain a Canadian MBA and a U.K. MScIB degree (the U.K. degree is from the University of Hertfordshire) through Vancouver Island University without the requirement to study in the U.K.

This unique program has an international business focus throughout, but also offers options in finance and marketing.

For graduate Rimi Banerjee, the most important factor for her was the dual graduate business degree of MBA and

MScIB combined with a short duration of 16 months.

"The course was specific, dealing with relevant concepts and tailored according to the need of the real work environment," Banerjee says.

Banerjee says the best part about the course was it was challenging, not only at an intellectual level, but also on physical and emotional levels.

"At this time, looking back, I feel a sense of achievement that this course

brought along and this is what I enjoyed the most," Banerjee says.

This program also focuses heavily on a 16-week internship portion, which is one of the top reasons students give for choosing the MBA program at VIU.

VIU also offers a two- to three-month business foundation program for students who have finished a non-business degree that will prepare them for the MBA program.

For more, visit [viu.ca/mba](http://viu.ca/mba).

## EMPLOYERS HIRING MORE MBAs, STUDY FINDS

The job market continues to improve for graduate business school degree holders as more employers plan to hire MBAs and specialized business master's talent than did so last year, according to the 2013 corporate recruiters survey. The survey was issued by the Graduate Management Admission Council and its survey partners, the European Foundation for Management Development and the MBA Career Services Council.

A companion student exit survey,

the 2013 global management education graduate survey, shows that similar to last year, six in 10 business school graduates already had job offers in February or March. The annual employer and graduate surveys, looking at the current employment outlook from both sides of the market, were released by the Graduate Management Admission Council.

"Whether employers are aiming for more productivity or growth, the world's

graduate business schools are providing the talent for them," says Dave Wilson, president and CEO of GMAC, the worldwide association of business schools that administers the GMAT exam. "B-school graduates are finding that their education is providing a clear and valued competitive edge in the job market."

The 2013 corporate recruiters survey of 935 employers around the world finds 75 per cent plan to hire MBAs, up from 71 per cent that hired MBAs in 2012.



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"The Haskayne MBA was a great crash course into the business world. I could not be doing what I do now without it. It provided the business foundation needed to move my career in a different direction."

David Yiptong, MBA'11, Innovate Calgary



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adians, 80 per cent of which are done electronically through direct deposit.

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at your bank or financial institution, by calling 1-800-O-Canada, or online at [directdeposit.gc.ca](http://directdeposit.gc.ca), you are giving the federal government permission to pay you electronically.

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NHL

## Leafs' Clarkson gets 10 games for leaving bench

Toronto forward David Clarkson was suspended 10 regular-season games without pay on Monday for leaving the Leafs' bench to fight on Sunday against the Buffalo Sabres.

THE CANADIAN PRESS

NHL

## League cracks down on Kassian with 5-game ban

The NHL suspended Vancouver Canucks forward Zack Kassian for five regular-season games and the rest of pre-season on Monday for a hit that broke the jaw of Edmonton forward Sam Gagner.

THE CANADIAN PRESS

MLB

## Pirates end playoff drought in Chicago

The Pittsburgh Pirates are going to the playoffs for the first time in 21 years, clinching at least a National League wild card Monday night when they beat the Chicago Cubs 2-1 and the Washington Nationals lost to St. Louis.

THE ASSOCIATED PRESS



Starling Marte hit a ninth-inning home run in the Pirates' 2-1 win on Monday night.

THE ASSOCIATED PRESS



The Rangers' Danny Kristo looks on as Flames goalie Karri Ramo blocks his shot during the second period in Calgary on Monday. JEFF MCINTOSH/THE CANADIAN PRESS

# Ramo, Stajan stomp Rangers at home

## NHL pre-season.

Front-runner for starting goalie job looks sharp in home debut

Matt Stajan had a goal and two assists and Karri Ramo made 27 saves as the Calgary Flames won 4-1 over the New York Rangers on Monday night in NHL pre-season action.

On a night the Flames dressed several forwards who are competing for one or two open jobs, the best line on the ice on either team was made

### On Monday

4	1
Flames	Rangers

up of three veterans: Stajan between Curtis Glencross and Lee Stempniak.

Glencross finished with a goal, an assist and a fight. Defenceman Dennis Wideman added his fourth goal, tying him for the league lead. Scor-

ing into an empty net for Calgary (4-2-0) was Lance Bouma.

Marc Staal had the lone goal for New York (1-2-0).

Leading 1-0 in the second, Wideman snuck into the slot uncovered, took Stajan's centring pass and rifled his fourth goal of the pre-season under the crossbar on Henrik Lundqvist.

That was the prettiest goal of the night until Stajan took Stempniak's pass and one-timed a shot inside the goal-post in the third.

Making his home-ice debut for the Flames was Ramo, 27, who is the favourite to open

the season as Calgary's starting goaltender after playing the past four years in the KHL.

After a quiet opening 20 minutes in which he was tested only six times, he turned aside 15 shots in the second period as the Rangers pressed to get back into the game.

It was the second straight strong outing for Ramo after his inauspicious debut Sept. 14 when he gave up four goals on 17 shots in a half-game against Edmonton.

Last Tuesday, the Finn made 21 saves in a win over the New York Islanders.

THE CANADIAN PRESS

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**THE OTHER GUYS**





The Rays' James Loney gets doused with ice water by teammate Yunel Escobar after hitting a ninth-inning, game-winning home run off Orioles relief pitcher Tommy Hunter on Monday in St. Petersburg, Fla. CHRIS O'MEARA/THE ASSOCIATED PRESS

# Rays take another step towards fall ball in Tampa Bay

**MLB.** Tampa moves one game ahead of Cleveland in battle for AL playoff berth

The Tampa Bay Rays are confident they'll play at Tropicana Field again this year.

Wil Myers tied it with a two-run single on a jarring play in the seventh inning then pinch-hitter James Loney stunned the Orioles with a leadoff homer in the ninth, and the Rays completed a four-game sweep that put a serious damper in Baltimore's wild-card hopes with a 5-4 victory Monday.

"You can feel it, you can't necessarily describe it, but it's there," Rays manager Joe Maddon said. "You know that

**On Monday**

5

Rays

4

Orioles

your guys have that vibe going on. It's a good feeling."

The win pushed the Rays a game ahead of idle Cleveland for the top AL wild card. Baltimore fell five games back of the Indians with six games to go for both teams. Tampa Bay would host the wild-card game Oct. 2 if it holds its position.

The Orioles also lost all-star third baseman Manny Machado to a leg injury in the top of the seventh.

Machado's left leg buckled when he stepped on first base running out an infield single. He was taken off on a stretcher.

Baltimore manager Buck Showalter had no immediate update on Machado's injury as the team awaited test results. Machado will undergo an MRI on Tuesday.

"It's horrible," Maddon said. "That guy there, to me, Baltimore has really ascended over the last couple years and I really believe he's been at the cornerstone, the keystone of that whole thing. Hate to see that. This is a young man, a tremendous talent. You can see the effort level with them. This young man blows out his knee, possibly. You can see how badly they wanted it, too."

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## MLB

### AMERICAN LEAGUE

#### EAST DIVISION

	W	L	Pct	GB
Boston	95	62	.605	—
Tampa Bay	87	69	.558	7½
New York	82	74	.526	12½
Baltimore	81	75	.519	13½
Toronto	71	85	.455	23½

#### CENTRAL DIVISION

	W	L	Pct	GB
Detroit	91	65	.583	—
Cleveland	86	70	.551	5
Kansas City	82	73	.529	8½
Minnesota	65	90	.419	25½
Chicago	62	94	.397	29

#### WEST DIVISION

	W	L	Pct	GB
Oakland	93	63	.596	—
Texas	85	71	.545	8
Los Angeles	76	79	.490	16½
Seattle	68	88	.436	25
Houston	51	106	.325	42½

#### Monday's results

Tampa Bay 5 Baltimore 4  
Texas 12 Houston 0  
Chicago White Sox 3 Toronto 2  
Detroit at Minnesota  
Oakland at L.A. Angels  
Kansas City at Seattle

#### Sunday's results

San Francisco 2 N.Y. Yankees 1  
Cleveland 9 Houston 2  
Chicago White Sox 6 Detroit 3  
Boston 5 Toronto 2  
Tampa Bay 3 Baltimore 1  
Kansas City 4 Texas 0 (10 inn.)  
Seattle 3 L.A. Angels 2  
Oakland 11 Minnesota 7

#### Tuesday's games — All Times Eastern

Chicago White Sox (Santiago 4-9) at Cleveland (Jimenez 12-9), 7:05 p.m.  
Toronto (Redmond 4-2) at Baltimore (Tillman 16-7), 7:05 p.m.  
Tampa Bay (Moore 15-4) at N.Y. Yankees (Kuroda 11-12), 7:05 p.m.  
Houston (Peacock 5-5) at Texas (Darvish 13-9), 8:05 p.m.  
Detroit (Fister 13-9) at Minnesota (Diamond 6-11), 8:10 p.m.  
Oakland (Griffin 14-9) at L.A. Angels (Vargas 8-7), 10:05 p.m.  
Kansas City (Chen 8-3) at Seattle (Paxton 2-0), 10:10 p.m.

### NATIONAL LEAGUE

#### EAST DIVISION

	W	L	Pct	GB
Atlanta	92	64	.590	—
Washington	84	73	.535	8½
New York	71	85	.455	21
Philadelphia	71	85	.455	21
Miami	58	99	.369	34½

#### CENTRAL DIVISION

	W	L	Pct	GB
St. Louis	92	65	.586	—
Cincinnati	90	67	.573	2
Pittsburgh	90	67	.573	2
Milwaukee	70	86	.449	21½
Chicago	65	92	.414	27

#### WEST DIVISION

	W	L	Pct	GB
Los Angeles	90	66	.577	—
Arizona	79	76	.510	10½
San Diego	72	83	.465	17½
San Francisco	72	84	.462	18
Colorado	71	86	.452	19½

#### Monday's results

N.Y. Mets (Niese 7-8) at Cincinnati (Leake 14-6), 7:10 p.m.  
Milwaukee (Thornburg 3-1) at Atlanta (Garcia 1-2), 7:10 p.m.  
Philadelphia (Miner 0-1) at Miami (Alvarez 4-5), 7:10 p.m.

#### Sunday's results

Cincinnati 11 Pittsburgh 3  
N.Y. Mets 4 Philadelphia 3  
Miami 4 Washington 2  
Atlanta 5 Chicago Cubs 2  
Arizona 13 Colorado 9  
L.A. Dodgers 1 San Diego 0  
Washington 5 Miami 4  
Milwaukee 6 St. Louis 4

#### Tuesday's games — All times Eastern

N.Y. Mets (Niese 7-8) at Cincinnati (Leake 14-6), 7:10 p.m.  
Milwaukee (Thornburg 3-1) at Atlanta (Garcia 1-2), 7:10 p.m.  
Philadelphia (Miner 0-1) at Miami (Alvarez 4-5), 7:10 p.m.  
Pittsburgh (Cole 9-7) at Chicago Cubs (Rusin 2-5), 8:05 p.m.  
Washington (Gonzalez 11-7) at St. Louis (Wacha 3-1), 8:15 p.m.  
Boston (Lackey 10-12) at Colorado (Chatwood 7-5), 8:40 p.m.  
Arizona (Miley 10-10) at San Diego (Ross 3-8), 10:10 p.m.  
L.A. Dodgers (Ryu 13-7) at San Francisco (Cain 8-9), 10:15 p.m.

## CFL

### WEEK 13

#### EAST DIVISION

	GP	W	L	T	PF	PA	Pts
Toronto	12	8	4	0	354	315	16
Hamilton	12	6	6	0	316	329	12
Montreal	12	4	8	0	285	349	8
Winnipeg	12	2	10	0	251	368	4

#### WEST DIVISION

	GP	W	L	T	PF	PA	Pts
Calgary	12	9	3	0	373	301	18
B.C.	12	8	4	0	325	302	16
Saskatchewan	12	8	4	0	376	282	16
Edmonton	12	3	9	0	294	328	6

#### Sunday's result

B.C. 24 Saskatchewan 22

#### Saturday's results

Hamilton 28 Montreal 26  
Toronto 33 Calgary 27

## NFL

### WEEK 3

#### Monday's result

Denver 37 Oakland 21

#### Sunday's results

New England 23 Tampa Bay 3  
Cincinnati 34 Green Bay 30  
Cleveland 31 Minnesota 27  
Baltimore 30 Houston 9  
Tennessee 20 San Diego 17  
Carolina 38 N.Y. Giants 0  
New Orleans 31 Arizona 7  
Dallas 31 St. Louis 7  
Detroit 27 Washington 20  
Miami 27 Atlanta 23  
Indianapolis 27 San Francisco 7  
Seattle 45 Jacksonville 17  
N.Y. Jets 27 Buffalo 20  
Chicago 40 Pittsburgh 23

## MLS

#### Sunday's result

New York 1 FC Dallas 0

#### Friday's game — All Times Eastern

Philadelphia at Kansas City, 8 p.m.

#### Saturday's games

D.C. United at Toronto FC, 1 p.m.  
Real Salt Lake at Vancouver, 7 p.m.  
Houston at New England, 7:30 p.m.  
Montreal at Chicago, 8:30 p.m.

#### Sunday's games

Los Angeles at Portland, 3:30 p.m.  
Columbus at FC Dallas, 8:30 p.m.  
New York at Seattle, 9 p.m.  
San Jose at Chivas USA, 11 p.m.



## Horoscopes

### Aries

March 21 - April 20

Someone will try to provoke you in the hope that you will disgrace yourself in front of important people. Now that you know, you can control your feelings and pretend you are cool, calm and collected.

### Taurus

April 21 - May 21

Don't let others push you too hard today. Taurus may be one of the most rugged signs but you have your limits. Know what they are and make sure you stay within them.

### Gemini

May 22 - June 21

There are moments when the pieces in the jigsaw fit and you see the bigger picture. This is one of them. It's also one of those moments when you realize anything is possible.

### Cancer

June 22 - July 23

Take what is on offer today, even if it is less than you were hoping for. If you hold out too long, there is a chance others will lose patience and pull back from the brink. It's a good deal.

### Leo

July 24 - Aug. 23

What is right for you may not be right for someone else and it's important that you recognize that. If you expect someone you live or work with to like what you like then you will be disappointed.

### Virgo

Aug. 24 - Sept. 23

What you own and what you earn is high on your agenda at the moment and will get even higher over the next few days. Find ways to boost your income and try to work it so that you help other people too.

### Libra

Sept. 24 - Oct. 23

Whatever you start over the next few days you will have the power of the Sun behind you, which means you cannot fail. If you get a hunch then go with it and expect it to lead you to fame and fortune.

### Scorpio

Oct. 24 - Nov. 22

Mercury in your sign will clear your mind of foolish ideas and make it easier for you to pursue a course that leads to material success. Fantasy can be fun, but reality has its pleasurable moments too.

### Sagittarius

Nov. 23 - Dec. 21

If you think that life has been a bit tame, you will change your tune over the next few days. In fact, you may begin to wish that the pace of life was not quite so hectic. Too bad.

### Capricorn

Dec. 22 - Jan. 20

Changes in your world will have a knock-on effect on your long day-to-day affairs. Should you be worried? Not really, because in the long-term these changes can only make you stronger.

### Aquarius

Jan. 21 - Feb. 19

Look beyond your everyday environment and discover places, people and ideas that expand your mind. Life is a fun learning experience, one that never ends.

### Pisces

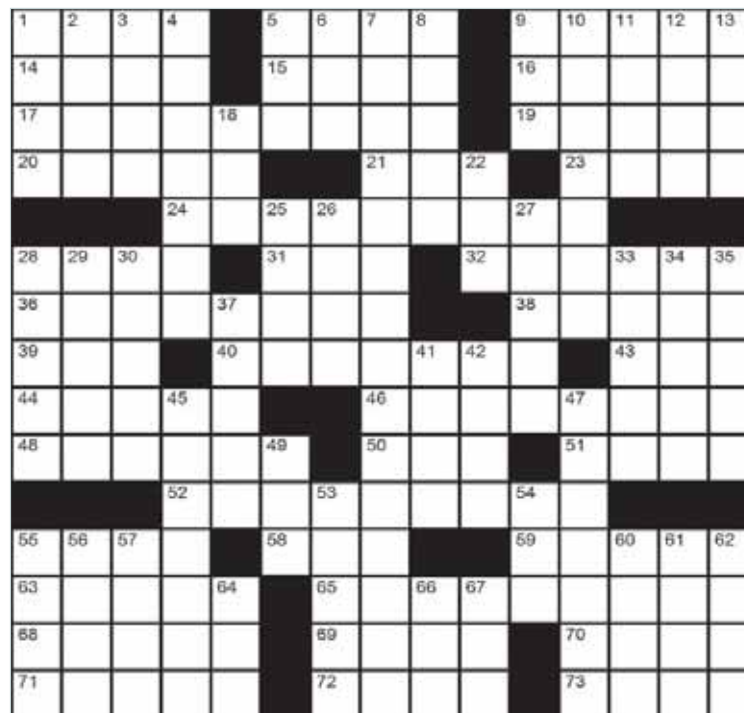
Feb. 20 - March 20

It won't be easy to keep your fears under control. Whatever happens, and whatever you imagine might happen, realize that in the greater scheme of things it's of no real importance. **SALLY BROMPTON**

## Crossword: Canada Across and Down

### Across

1. Farm enclosure
5. Mystique
9. Flight segment
14. Soldier's supply, shortly
15. Cast \_\_ pan
16. Door: French
17. Write up a dosage for
19. Martian
20. Baseball inning
21. Groceries holder
23. Not different
24. Send to the wrong locale
28. 1812 Rossini comic opera, La Scala di \_\_
31. Pique
32. Follower of The Way
36. Jeans brand
38. New Wave music instr.
39. Slot machine feature
40. Least favourable, as per scenarios: 2 wds.
43. Bambi's mom, for one
44. Someone sulking
46. " \_\_ Rhapsody" by Queen
48. Greenery in houses
50. Pre-Traveling Wilburys gr.
51. Gets food
52. Glum
55. Eyeliner of ancient Egypt
58. Painting, for



- instance
59. Debated topic
63. Self-evident truth
65. Full belief to not doubt
68. Jumpy
69. Handwashing need
70. Country star, Vince \_\_

71. Website's opening page word, sometimes
72. Cloth scraps
73. Airport scr. post-ings

### Down

1. Breakfast cereal brand, \_\_ Crunch

2. Actor Mr. Katz
3. Sort of sign
4. "The \_\_ Always Rings Twice" (1981)
5. Breathed-in stuff
6. Mr. Geller of spoon-bending
7. Toronto-born member of The Band: 2 wds.

8. Approaching, archaically
9. Luxe lieu
10. Anna Karenina author Leo
11. Solo-moment song
12. Anything
13. Ms. Russo
18. Vital life energy

22. Understand
25. Sediment
26. Ms. Barrymore
27. Hereditary social class
28. Overwhelm, as with work
29. Movie star Mr. Flynn
30. Florida city
33. "A Passage to \_\_" (1984)
34. Short-tailed weasel
35. Not nows
37. "Wayne's World" (1992) character
41. Throw the dice
42. Sole spot
45. Attach, as to a letter
47. Classic rap song: "The \_\_"
49. Above \_\_ level
53. De-chalk the chalkboard
54. Posh title
55. William's wife
56. Yoked pullers-of-plows
57. Bit of knowledgeable help
60. Miffed state
61. American sch. on the West Coast
62. Morays, and others
64. Sea: French
66. " \_\_ Songs (Say So Much)" by Elton John
67. Booming times

See today's answers at [metronews.ca/answers](http://metronews.ca/answers).  
BY KELLY ANN BUCHANAN

## Yesterday's Crossword



## Sudoku

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

## Yesterday's Sudoku



## Weather

### TODAY



MAX: 13°  
MIN: 5°

### WEDNESDAY



MAX: 12°  
MIN: 6°

### THURSDAY



MAX: 14°  
MIN: 4°

## ANDREW SCHULTZ METEOROLOGIST

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**WEEKDAYS 5:30 AM**



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